

SWAP - School-Wide Asthma Protocol

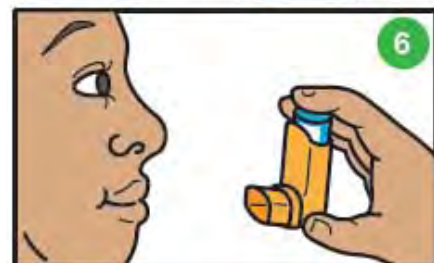
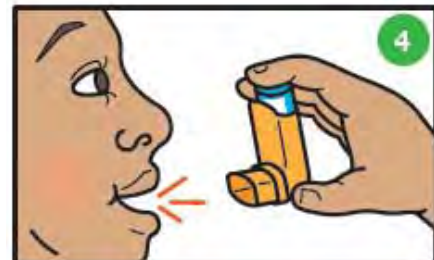
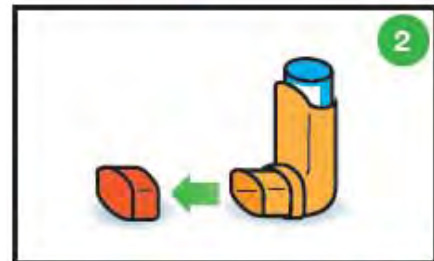
Asthma Symptoms

Signs to look for:

- Tight chest
- Coughing
- Wheezing

Steps to take:

- Locate the child's inhaler.
- Shake inhaler, prime, administer immediately.
- Send the child—accompanied by another person—to be checked by the school nurse.



It is the responsibility of the School Medical Office to decide whether and when to call 911.



Asthma Emergency

Signs of an asthma emergency:

- Difficulty breathing or talking
- Sucked-in chest/neck, flared nostrils
- Blue/gray lips or fingertips

Steps to take:

- Stay calm. Keep child upright but relaxed.
- Locate the inhaler or say, "Point to your inhaler."
- Administer inhaler. Check the time.
- Repeat after 5 minutes, if needed.
- Call 911 after 15 minutes if symptoms have not improved and a school nurse has not arrived.

How to Prime an Inhaler

- 1) Shake the canister. 2) Remove the cap.
- 3) Prime the canister by spraying a puff into the air.
Repeat shaking and priming 3 or 4 times, as required.
- 4) Breathe out, and place the inhaler between teeth.
- 5) Close the mouth. Press down once to release one dose.
- 6) Breathe in, remove inhaler, and hold for 6-10 seconds.

Inhalers must be primed before use.